



Alliance for Substance Abuse Prevention



“Looking For A Way Out”

*A Guide to Addiction Treatment
And Education Resources
In Trumbull County & the Surrounding Area*

This publication was produced by the Trumbull County Mental Health and Recovery Board and the Alliance for Substance Abuse Prevention (ASAP). This guide to resources in Trumbull County is for individuals seeking help with substance misuse and addiction. You may be looking for help for yourself or for a friend or family member. We hope this information will open some doors to finding help. Addiction is a complex and crippling condition. The needs are many, but the number of places to turn is growing and changing. Please directly contact agencies listed in this guide for the most current information.

Please Note:

These listings are not intended as recommendation of specific agencies nor can this be considered a complete list of resources. It is an evolving field and we hope to be able to update this informational guide periodically.

IF YOU NEED HELP NOW FOR A DRUG CRISIS OR
MENTAL HEALTH ISSUE
24/7 CRISIS AND REFERRAL SERVICES

Coleman Access Center

Provides 24-hour services for individuals experiencing emotional crisis. Services include consultation and referral, support and emergency mental health and substance abuse assessments. Emergency assessments are available at the Coleman Access Center or the local hospital emergency department. Anybody looking for detox, regardless of ability to pay, should start here.

103 W. Market Street, First Floor

Warren, OH 44481

(330) 392-1100

www.colemanservices.org

THE HUB FOR TREATMENT IN TRUMBULL COUNTY**Trumbull County Mental Health and Recovery Board**

The mission of the board is to improve the well-being of our community by establishing and maintaining an effective, efficient and quality system of alcohol, drug and mental health services in Trumbull County. The board supports recovery by providing funding to agencies for education, treatment, prevention and support services. The board collaborates with many agencies and coordinates needed services.

4076 Youngstown Rd., Suite 201

Warren, OH 44484

(330) 675-2765

(330) 675-2772 fax

www.TrumbullMHRB.org

DRUG FREE COMMUNITY COALITION***Alliance for Substance Abuse Prevention (ASAP)***

ASAP is a community project of the Trumbull County Mental Health and Recovery Board. The coalition engages in strategic partnerships to solve our community's substance abuse problems. The ASAP coalition was originally organized as a response to the underage alcohol use problem in Trumbull County. The coalition served as the catalyst behind the countywide "Parents Who Host Lose The Most" campaign. As members of the coalition became aware of the opiate epidemic in our County, they decided to tackle the issue and the ASAP Opiate Task Force was formed. Since this time, the Task Force has returned to operating as the ASAP coalition and addresses prevention of addiction from all substances and other problem behaviors. The coalition meets monthly and focuses on providing community education, and leading community wide change. Call for information on how to get involved. Or "Like" the Alliance for Substance Abuse Prevention (ASAP) on Facebook and Instagram.

Alliance for Substance Abuse Prevention (ASAP)

4076 Youngstown Rd., Suite 201

Warren, OH 44484

(330) 675-2765, ext. 119

(330) 675-2772 fax

www.TrumbullMHRB.org

WALK-IN HOURS

Many times, the desire to stop drinking, or using drugs, comes on suddenly and requires immediate attention. There are a number of agencies in Trumbull County that offer drug and alcohol assessments without an appointment. During a drug and alcohol assessment, questions will be asked to determine whether or not a person has a drug or alcohol problem. The findings of the assessment will be used to connect the individual with the most appropriate level of treatment. Assessments are provided on a first come, first served basis at the following agencies:

Coleman Health Services

103 W. Market St.
1st Floor
Warren
Monday - Friday: 11:00am – 1:30pm
Please arrive or call in at 11:00am to complete paperwork

COMPASS Family and Community Services

320 High St.
Warren
(330) 394-9090
Monday, Wednesday & Friday 8:00am-3:00pm
Tuesday & Thursday 10:30am-3:00pm

Meridian HealthCare

320 High St.
Warren
(330) 318-3871
Monday- Friday: 6:00am-1:00pm

OVERDOSE EDUCATION AND NALOXONE DISTRIBUTION

Project DAWN of Trumbull County is a completely free community-based drug overdose education and Naloxone distribution program. ***Naloxone is used to reverse opiate overdoses. There is no cost to receive a Project DAWN kit.*** All participants receive 2 vials of intranasal Naloxone in a Project DAWN kit.

Project DAWN Naloxone kits are now available as a free mail order program if you are a resident of Trumbull County. You can click the link below: you will be required to watch the training video, verify that you watched it, complete a questionnaire, and provide your address and contact information so that a kit can be mailed to you. If you have any questions, please call the health dept. at 330-675-2489. Click here for the video: <https://www.surveymonkey.com/r/2MCWKBD>

Trumbull County Combined Health District

176 Chestnut Ave. NE
Warren, OH 44483
(330) 675-2489
www.tcbh.org

RESIDENTIAL TREATMENT (REHAB)

When people think of drug treatment or “rehab,” they often think of residential treatment. The patient is required to live at the facility for perhaps 1-3 months, or sometimes longer. Without outside distractions, the individual is free to concentrate more fully on recovery. Access to an inpatient program can depend on insurance coverage, or the ability to pay. Some programs are publicly funded but admission may be based on referral from other agencies. Unfortunately, the need for these services is greater than their availability, so sometimes you may be placed on a waiting list. Outpatient counseling or some other supportive plan is advisable while waiting.

First Step Recovery

(Detox facility and extended stay)

2737 Youngstown Road, S.E.

Warren, OH 44484

(330) 369-8022

www.FirstStepRecovery.net

Parkman Recovery Center

(Detox facility and extended stay)

4930 Enterprise Drive

Warren, OH 44481

(330) 787-0955

www.parkmanrecovery.com

Glenbeigh

(Detox facility and extended stay)

2863 State Route 45

Rock Creek, OH 44084

(800) 234-1001

www.Glenbeigh.com

Meridian HealthCare

(Inpatient treatment only)

550 West Chalmers Ave

Youngstown, OH 44511

(330) 797-0070

www.meridianhealthcare.net

New Day Recovery

(Detox facility only)

920-960 Boardman Canfield Rd

Boardman, Ohio 44512

(330) 953-3300

www.ndrtoday.com

Safe Harbor

(Men’s Residential Treatment)

1212 Tod Place

Warren, OH 44485

(330) 469-6822

www.SafeHarborRecovery.life

Windsor Laurelwood Center for Behavioral Medicine

(Detox facility and limited stay)

35900 Euclid Avenue

Willoughby, OH 44094

(440) 953-3000

www.windsorlaurelwood.com

Also

There are additional residential treatment centers in the surrounding area. Insurance coverage varies so check with your insurer to help determine your options.

OUTPATIENT TREATMENT

Outpatient treatment allows the client to continue living at home and includes individual or group counseling and medication assisted treatment. The length of time in treatment depends on the client's needs. Agencies offering outpatient therapy include:

Brightview

1924 East Market St
Warren, OH 44483
(833) 510-4357
www.Brightviewhealth.com

COMPASS Family and Community Services

320 High St.
Warren, OH 44481
(330) 394-9090
www.compassfamily.org

First Step Recovery

2737 Youngstown Road, SE
Warren, OH 44484
(330) 369-8022
www.FirstStepRecovery.net

Glenbeigh

29 North Rd.
Niles, OH 44446
(330) 652-6770
www.Glenbeigh.com

Greentree Counseling Center

430 Franklin St. S.E.
Warren, OH 44483
(330) 372-2200
www.greentrecounseling.com

Meridian HealthCare

(Offers Methadone, Suboxone & Vivitrol)
320 High Street
Warren, OH 44481
(330) 318-3871
www.meridianhealthcare.net

New Start Treatment Center for Chemical Dependency

1296 Tod Place #205
Warren, OH 44485
(330) 306-5010
www.mercy.com

Niles Treatment Services

(Offers Suboxone, Vivitrol and Methadone)
336 Vienna Ave
Niles, Ohio 44446
(234) 544-3322
www.Pinnacle.com

RISE Recovery

(Offers Suboxone, Vivitrol and Counseling)
3132 Belmont Ave
Liberty, Ohio 44505
844-652-8219

RISE Recovery @ Falls Family Care

(Offers Suboxone & Vivitrol)
175 East Broad Street
Newton Falls, OH 44444
(330) 872-2010
www.onehealthohio.org

RISE Recovery @ Lloyd McCoy Community Health Center

(Offers Vivitrol)
1977 Niles Road SE
Warren, OH 44484
(330) 393-6446
www.onehealthohio.org

MORE OUTPATIENT TREATMENT:

Safe Harbor

1212 Tod Place
Warren, OH 44485
(330) 469-6822
www.SafeHarborRecovery.life

Thrive Counseling

1705 Woodland St NE
Warren, OH 44483
(330) 469-6777
www.thrivecounselingwarren.com

Travco Behavioral Health (an affiliate of First Step Recovery)

(Offers Suboxone & Vivitrol)
2671 Youngstown Road, SE
Warren, OH 4484
(330) 286-0050

Warren West Community Health Center

(Offers Vivitrol)
716 Tod Avenue
Warren, OH 44485
(330) 373-0222
www.onehealthohio.org

Youngstown Treatment Services

(Methadone, Suboxone & Vivitrol)
3622 Belmont Ave, Suite 21
Youngstown, OH 44505
(234) 719-1885
www.pinnacle-treatment.com

RECOVERY HOUSES/SOBER LIVING ENVIRONMENTS

Sober Housing is one of the fastest growing components of the “Recovery Model” continuum of services. Living with like-minded people can be a great boost to maintaining sobriety. Recovery houses do not provide drug or alcohol treatment. Listed below are local housing providers.

Courageous Dedicated Journey- Men’s Recovery Housing

Warren, OH
(234) 788-1770

Foster Living LLC -Men’s Recovery Housing

Warren, OH
(330) 330-3264

Glenbeigh -Men’s Recovery Housing

Niles, OH
(330) 652-6770
www.Glenbeigh.com

MORE RECOVERY HOUSES/SOBER LIVING ENVIRONMENTS:

Keys 2 A 2nd Chance, LLC –Women’s Recovery Housing

Warren, OH

(330) 506-6035

www.keys2a2ndchance.com

Nikki’s House- Women’s Sober House

Warren, OH

(330) 979-1418

Park Place Recovery Residence -Men’s Recovery Housing

Warren, Ohio

(330) 307-4575

Serenity Place- Women’s Sober Housing

Warren, OH

(330) 979-6220

Riverview Apartments – Men’s Recovery Housing

Newton Falls, OH

(330) 651-5047

Robbins House LLC – Women’s Recovery Housing

Niles, OH

(330) 980-8845 or (330) 369-9439

Wellspring – Men’s Recovery Housing

(330) 369-8022

Woodland House- Recovery Housing for Women

(330) 501-2760

For more information on recovery housing visit www.ohiorecoveryhousing.org

RECOVERY SUPPORT

Support and self-education are important components of treating addiction and preventing relapse. It is important to seek out helpful resources and use them. Recovery is an ongoing process. Supportive groups are valuable for the recovering addict and for family members and loved ones. Check with local offices or group websites to find meetings convenient for you.

Alcoholics Anonymous

Youngstown Area Intergroup

(330) 270-3000

A list of local meetings can be found at: www.aayaig.com

Celebrate Recovery

Grace Fellowship Church

325 Youngstown Warren Rd

Niles, OH 44446.

Phone (330) 574-2303 (Church), or 330-240-5544 (Celebrate Recovery Contact)

Email: celebraterecovery@gracelives.com;

www.gracelives.com/ministries/celebrate-recovery

Help Network of Northeast Ohio

Provides non-emergency information and referral services for Mahoning, Trumbull and Columbiana Counties. Also provides basic information and referral for surrounding areas, state and national resources. Staff is trained in crisis intervention, suicide prevention and supportive listening. Call 211.

(330) 393-1565

(330) 747-2696

www.helpnetworkneo.org - Free online database

Narcotics Anonymous (NA) – Buckeye Region

Provides information on local narcotics anonymous support groups within caller's area; if a person in crisis calls this line, they can take the first name and phone number of the caller and have a person in recovery call them back. Calls are answered 24 hours/7 days week.

Local meetings are listed at: www.brscna.com

(888) 438-4673

The Sahara Club II

The Sahara Club II is a sober club that provides education, fellowship, support and recreational services to individuals and their families who are interested in a life that is sober and free of chemical dependence.

2345 Youngstown Road

Warren, OH 44484

(330) 306-5191 or SaharaClub2@gmail.com

Recovery Coaches/Peer Supporter

A Recovery Coach, also called a Peer Supporter, is a person who links the newly recovering person to the recovering community, and serves as a personal guide and mentor. Coaches are not therapists and do not offer counseling, therapy or any other clinical services. They are peers who assist people on the path from a life of addiction to a life in recovery. Coaches have personal experience in navigating this path. They help individuals in recovery address areas of their lives that have been negatively impacted by addiction, including housing, education and employment.

COMPASS Family and Community Services

320 High St.
Warren, OH 44481
(330) 394-9090

www.compassfamily.org

First Step Recovery

2737 Youngstown Road, SE
Warren, OH 44484
(330) 369-8022

www.FirstStepRecovery.net

Mercy Health

(330) 480-6965
www.mercy.com

Meridian HealthCare

527 N. Meridian Rd
Youngstown, OH 44509
(330) 797-0070

www.meridianhealthcare.net

Thrive Counseling

1705 Woodland St NE
Warren, OH 44483
(330) 469-6777

www.thrivecounselingwarren.com

RECOVERY SUPPORT FOR FAMILIES

Recovery supports are important for families, whether you have concerns about yourself or need to speak to someone about your relationship with a person with addictive behaviors. “Addiction is a family disease” and its effects are widespread.

Celebration Place

Celebration Place is a 52-week children’s curriculum that coincides with Celebrate Recovery’s teaching, using kid-friendly methods and terms children can understand. So, while adults explore topics that bring healing and wholeness, kids discover the same truths in age-appropriate ways!

Grace Fellowship Church
325 Youngstown Warren Rd
Niles, OH 44446

Phone (330) 574-2303 (Church), or 330-240-5544 (Celebrate Recovery Contact)

Email: celebraterecovery@gracelives.com;

www.gracelives.com/ministries/celebrate-recovery

MORE RECOVERY SUPPORT FOR FAMILIES:

GRAND Support Group

(Grandparents Raising and Nurturing our Grand Daughters and Sons)

Meets the first and third Thursday of every month from 6 to 8 pm. Childcare is provided.

North Mar Church

3855 East Market Street, Warren, OH 44484

(330) 856-3496

Families of Addicts Inspired Through Hope (FAITH)

A faith-based support group for families finding their way through addiction.

Fowler United Methodist Church

3426 Youngstown Kingsville Rd (Rt 193)

Fowler, OH 44418

(330) 647-9782

Nar Anon Family Groups

(800) 477-6291

www.nar-anon.org

Trumbull County Strong

A local group of advocates whose mission is to provide assistance to loved ones of those suffering with mental illness and substance use disorder (addiction).

(330) 717-9241 or (330) 891-8337

SPECIAL POPULATIONS

Every person has their own unique story and every addict has something in common with other addicts. There are certain populations that may benefit from specialized treatment and there are agencies and programs designed to serve them in unique ways. This is not an exclusive list of agencies offering specialized support. Included are some of those emphasizing service to these groups.

ADOLESCENTS

Alta Care Group

Alta's Alcohol, Tobacco and Other Drug program provides outpatient services to adolescents with a focus on identifying and treating substance abuse issues early in the youths' lives. This includes the WHY program, an assessment and brief treatment service for schools and families to utilize as an "Alternative to Expulsion" option.

1950 Niles-Cortland Rd. NE

Warren, Ohio 44484

330-793-2487

www.altabehavioralhealthcare.org

MORE ADOLESCENT SERVICES:***Thrive Counseling***

Thrive Counseling's Adolescent Intensive Outpatient Treatment Program provides substance use disorder counseling and education through a series of sessions appropriate to the plans of the persons served. Services are provided during mornings or evenings. The Adolescent Intensive Outpatient Treatment Program is considered to be more intensive than traditional outpatient services.

1705 Woodland St NE

Warren, OH 44483

(330) 469-6777

www.thrivecounselingwarren.com

Travco Behavioral Health (an affiliate of First Step Recovery)

Offers treatment appropriate to the child or adolescent's age, development, culture, and education to addresses needs related to the development of community living skills, social skills, social supports, and vocational skills. Intensive and Non-Intensive Outpatient treatment is offered to promote education on wellness and recovery. Travco's holistic approach offers counseling, family and group therapy, urinalysis, case management, pediatric psychiatry and medication management.

2671 Youngstown Road, SE

Warren, OH 4484

(330) 286-0050

RISE Recovery Teen Addiction Services

If your teen is struggling with substance abuse, we understand how scary and challenging that is. RISE Recovery offers medication-assisted treatment (MAT), evaluation and clinical assessment, counseling and integrated health services (medical and dental).

Youngstown/Warren, OH

(844) 652-8219

www.OneHealthOhio.org/RISE-Recovery

DUAL DIAGNOSIS

Dual-diagnosed patients have been diagnosed with both a mental health and substance use disorder. Those with co-occurring disorders face complex challenges. They have increased rates of relapse, hospitalization, homelessness, and HIV and Hepatitis C infection compared to those with either mental or substance use disorders alone.

Glenbeigh

Dually-diagnosed patients participate in specialized groups designed to promote positive self-image and help the patients understand their mental and emotional disorders.

PO Box 298 , 2863 State Route 45

Rock Creek, OH 44084

(800) 234-1001

www.glenbeigh.com

Highland Springs

Highland Springs is a newly constructed 72-bed behavioral hospital in Cleveland. Highland Springs offers inpatient and outpatient mental health and addiction treatment to adults and seniors.

4199 Mill Pond Drive

Highland Hills, OH 44122

(216) 302-3070

www.highlandspringshealth.com

Meridian HealthCare

Meridian's Co-Occurring Treatment Program is an outpatient program designed to help adults who are dealing with substance use and mental health issues at the same time. Treatment services combine medical, counseling, case management, education and social intervention to address the needs of clients and their family members.

527 N. Meridian Rd

Youngstown, OH 44509

(330) 797-0070

www.meridianhealthcare.net

Travco Behavioral Health (an affiliate of First Step Recovery)

Travco Behavioral Health offers co-occurring treatment for adolescents and adults. This outpatient program is designed to address both mental health and addiction concerns concurrently. Services include behavioral health therapy, psychiatric services, medication management and new evidenced based treatment alternatives like Spravato & TMS (18 years and up).

2671 Youngstown Road, SE

Warren, OH 4484

(330) 286-0050

MORE DUAL DIAGNOSIS SERVICES:

Windsor Laurelwood Center for Behavioral Medicine

Windsor Laurelwood provides comprehensive Inpatient and Outpatient treatment for adults with co-occurring mental health and Substance Use disorders.

(440) 953-3000

www.windsorlaurelwood.com

FAMILY PROGRAMS

Meridian HealthCare

The Meridian Family Program consists of consultations, educational group topics, and individual family counseling. The Family Program is tailored to assist clients in improving relationship development while providing information on the disease of addiction. The Family Program is available to all clients, their loved ones, sponsors or members of their primary support group.

527 N. Meridian Rd

Youngstown, OH 44509

(330) 797-0070

www.meridianhealthcare.net

WOMEN

Baby on Board

Services include perinatal and postpartum depression, anxiety and mood disorder; adjustment difficulties; substance abuse and addiction; education on the importance of treatment in perinatal and postpartum substance abuse and addiction; miscarriage and loss. Tele-counseling services are available.

(844) 652-8219

COMPASS Family and Community Services

Women's Specialized Treatment Services focus on the needs of women, including supportive group services that address alcohol/drug, co-dependency and victim issues.

320 High St. NE

Warren, OH 44481

(330) 394-9090

www.compassfamily.org

Glenbeigh Rock Creek

Glenbeigh offers special facilities and services for women in inpatient treatment and extended residential care including housing in a separate wing of the hospital. Female therapists and all female counseling groups provide the opportunity to gain support from other women in order to deal with sensitive issues and begin the healing process.

PO Box 298

2863 State Route 45

Rock Creek, OH 44084

(800) 234-1001

MORE WOMEN SERVICES:***Meridian HealthCare***

Meridian Women's programs offer a comprehensive continuum of care for women to help them address their drug and/or alcohol issues in a safe and supportive environment. The program focuses on addressing issues unique to women, including dealing with complex trauma, building healthy relationships and balancing family responsibilities. Meridian offers residential, day treatment with supportive housing, and outpatient services to meet the needs of women.

MOMs Program

Maternal Opiate Medical Support (MOMS) program is for any pregnant and post-partum mother who struggles with opiate use disorder, amphetamine use disorder and cocaine use disorder. MOMS receive support to navigate pregnancy and post-partum as well as mom and baby care items. MOMS supports all aspects of care for the entire family by fostering recovery, ensuring child safety and promoting family stability.

527 N. Meridian Rd

Youngstown, OH 44509

(330) 797-0070

www.meridianhealthcare.net

TREATMENT FOR LICENSED PROFESSIONALS

Addiction is a disease that affects all people and does not discriminate by race, class or profession. Addiction is particularly destructive for skilled and licensed professionals due to the demands and expectations of their work.

Glenbeigh Rock Creek

The consequences of addiction experienced by professionals are a primary focus of this specialty group. Patients work on developing a healthy recovery program within their professional role and address the requirements mandated by their respective licensure and monitoring boards. Glenbeigh is an approved provider with most professional boards.

PO Box 298, 2863 State Route 45

Rock Creek, OH 44084

(800) 234-1001

www.glenbeigh.com

Glenbeigh Outpatient Center of Niles

Caduceus meetings for medical professionals in recovery

29 North Road

Niles, OH 44446

(330) 652-6770

www.glenbeigh.com

MORE TREATMENT FOR LICENSED PROFESSIONALS SERVICES:

Windsor Laurelwood Center for Behavioral Medicine

Windsor Laurelwood provides a specialized trauma based IOP program for First Responders and Medical Professionals. Program is provided utilizing tele-health technology.

(440) 953-3000

www.windsorlaurelwood.com

TOBACCO CESSATION TREATMENT

Mercy Health- New Start Treatment Center for Chemical Dependency

Those seeking help for substance use disorders smoke cigarettes or use tobacco products at a rate that is 3-4 times the average population. Programs at St Joseph Hospital Warren/New Start Treatment Center & the Regional Tobacco Treatment Center treat both addictions simultaneously or one after the other. There are no out of pocket costs to the participant. This includes both behavioral counseling provided by a licensed chemical dependency counselor/certified tobacco treatment specialist and 6 weeks of prescription and/or over the counter medication.

1296 Tod Place #205

Warren, OH 44485

(330) 306-5010

www.mercy.com

ONLINE RESOURCES

Hazelden Betty Ford – visit www.HazeldenBettyFord.org

Free Programs:

Aftercare - recovery coaches and virtual services offered to all patients once they discharge at no cost: www.HazeldenBettyFord.org/recovery/preventing-relapse/my-ongoing-recovery-experience

Free 2-day program for children 7yrs – 12yrs:

www.HazeldenBettyFord.org/treatment/family-children/childrens-program